Preparing for Your Visit

Please bring the following items to your nutrition therapy appointment:

- Physician prescription complete with order and diet recommendation
- A referral may be required by your insurance company; please check with your provider
- List of medications and nutritional supplements you take currently
- Any pertinent lab test results
- Medical insurance information
- Food diary and/or blood sugar records that you have been keeping

Medicare Part B Beneficiaries

Our outpatient dietitian is a registered Medicare provider. Medicare Part B beneficiaries with a diagnosis of diabetes or non-dialysis kidney disease are eligible for medical nutrition therapy. A referral from your physician, including the appropriate diagnosis and qualifying blood work, is required for the benefit. Medicare Part B reimburses three hours of nutrition therapy for the first year and two hours each year thereafter.

Insurance and Referrals

A physician referral is required for outpatient medical nutrition therapy at St. Mary Medical Center. Some insurance carriers may provide reimbursement for program fees, but some participants may be required to cover the cost themselves. Before scheduling a consultation, please check with your insurance company to confirm the extent of your coverage.

Nutrition Therapy

Regular business hours are Monday through Friday, 8 am – 4 pm. Other appointment times may be available upon request. Nutrition Therapy is located in the Outpatient Care Facility on the campus of St. Mary Medical Center. For more information, call 215.710.2058.

Union General Hospital

901 James Ave.
Farmerville, La 71241
318-368-9751
www.uniongen.org

“Providing Quality Service with Compassionate Care”
Medical Nutrition Therapy

Personalized strategies for healthful living

Are you Diabetic?
Do you have high blood sugar?
Do you want to improve your health?
Do you need a refresher on how to count carbohydrates?

If you answered yes to any of these questions, you may be eligible for Medical Nutrition Therapy.

Union General Hospital is now offering outpatient MEDICAL NUTRITION THERAPY!

Our outpatient program offers one-on-one education sessions for anyone with diabetes who meets certain blood sugar requirements. Each patient is allowed up to three 1-hour visits with the dietitian for the first year. The sessions are individualized and can be scheduled at your convenience. Most insurance companies cover the entire cost of this service.

Don’t delay, ask your provider about getting an appointment at Union General Hospital for Medical Nutrition Therapy with the Dietitian.

Or contact our Registered Dietitian, Brittany Smith, about further information about being referred to Union General Hospital for Medical Nutrition Therapy.

Once the dietitian receives the referral, she will contact you to set up an appointment at your convenience.

Brittany Smith, RD, LDN, MS
Call today: (318) 368-9751