Smoking Makes You LESS ATTRACTIVE

- · Wrinkles
- · Ashtray breath
- · Hair and clothes smell bad
- · Yellow teeth



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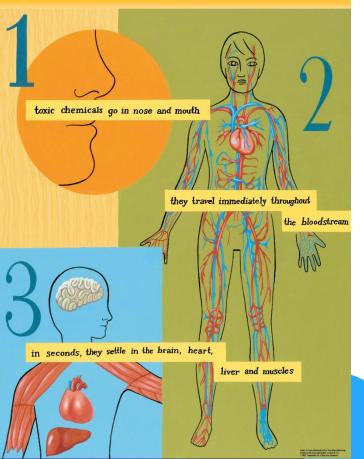
www.uniongen.org





TOXIC CHEMICALS

Affect Your Body Right Away



DRUG PREVENTION AND EDUCATION PROGRAM

Preventing Drug Use and Mental Illness Among Children and Adolescents

PHONE: 318-368-9751 www.uniongen.org





MARIJUANA

Can Affect You Right Away

- Makes it HARD TO THINK AND REMEMBER
- · Causes you to LOSE CONTROL
- INTERFERES WITH COMMUNICATION
- · Makes it HARD TO COPE WITH FEELINGS

DRINKING to Cover Feelings Doesn't Solve Your Problems

·Loneliness

·Anger

Sadness

· Stress

·Shyness

Nervousness

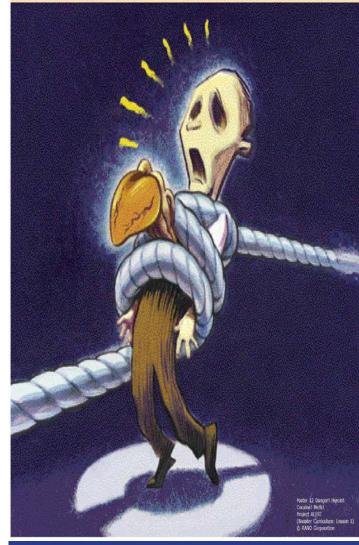
· Boredom



Ways to Say NO

- · Simply say, "No."
- ·Stand up to pressure
- · Give a reason
- ·Offer an alternative
- · Leave the scene
- · Avoid the scene

- DANGER! COCAINE! METH! HEROIN!
 - · Addiction · Stroke
- · Heart attack · Coma
- · Seizure · Death



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