

THE PULSE

“Providing Quality Service with Compassionate Care”



MESSAGE FROM CEO

HEROES

PATIENT COMMENTS

NEWS AND UPDATES

COMMUNITY

PRAYERFUL REFLECTION

BIRTHDATES

RECIPES

A Season of Growth and Gratitude

A message from Dianne Davidson, CEO

Dear Union General Hospital Community,

As the CEO of Union General Hospital, I am filled with immense pride as I reflect on the growth we have witnessed this year and the vital role our hospital plays in the health and wellness of our community. With the arrival of the Fall-Winter season, it's a time for reflection, gratitude, and looking forward to the promise of the new year.

Our 20-bed critical access hospital is more than a healthcare facility; it's a lifeline to the residents of our area, providing comprehensive, around-the-clock care with a personal touch that only a community hospital can offer. Our services, including Inpatient care, 24-Hour RN Short Term Rehabilitation, our ever-vigilant Physician Staffed Emergency Room, Radiology and essential Laboratory and Blood Bank, form the backbone of our healthcare delivery system.

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Innovation is at the heart of our approach, as demonstrated by our advanced Radiology/CT Scan facilities, 3D Mammograms, and the pioneering Mobile Dysphagia Diagnostics. Our commitment to recovery and lifelong health is evident in our Post COVID Outpatient Therapy, and our dedication to the next generation shines through our Early Intervention and School Readiness Program.

BEYOND TRADITIONAL CARE

Our hospital extends beyond traditional care with a Rural Health Clinic and comprehensive Physical, Occupational, and Speech Therapy for both pediatric and adult patients. Our Intensive Outpatient Program (IOP) is an embodiment of our holistic approach to mental health, ensuring that we cater to the psychological as well as physical well-being of our patients.

Telehealth services have bridged distances, bringing expert medical care into the homes of our patients. Through Telecardiology, Telestroke, and Telepsychiatry, we've expanded our reach, ensuring that no one is beyond the touch of our care. Programs like Medicaid Enrollment and Medical Nutrition Therapy, alongside treatments for Diabetic Foot Care, Lymphedema, and Dry Needling, reinforce our commitment to comprehensive, personalized patient care.



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DIANNE DAVIDSON, CEO

Our engagement with the community extends to vital programs focused on prevention and education. From Breast Cancer Prevention to Heart Disease, Diabetes Prevention, and Nutrition Education in partnership with LSU AgCenter, we are proactive in empowering our community with knowledge and preventative care.

Adolescent Health

Our Adolescent Health Programs tackle critical issues such as Anti-Bullying/Suicide Prevention and Substance Abuse Prevention, while 'It's a Girl Thing' and 'Making Proud Choices' provide support and education to our teens. The Annual Scholarship Program continues to invest in the future of our young people, supporting their educational aspirations.

As we embrace the colder months, let us carry the warmth of our community spirit with us. I am grateful for the tireless dedication of our staff, the resilience of our patients, and the unwavering support of our community. Together, we will continue to face challenges, celebrate milestones, and foster a healthier tomorrow.

Thank you for being a part of our Union General Hospital family.

With warm regards,

*Dianne Davidson CEO,
Union General Hospital*



HONORING OUR HEALTHCARE HEROES: A SALUTE TO EXCEPTIONAL DEDICATION



In times of unprecedented challenges, it's the strength and courage of individuals that shine as beacons of hope. In this edition of The Pulse, we want to recognize the healthcare heroes among us at Union General Hospital who have consistently gone above and beyond in their service to our patients and community.

These extraordinary individuals have displayed exceptional dedication, compassion, and resilience. They've worked tirelessly, often putting the needs of our patients before their own, ensuring that every individual receives the best care possible.

Ann Pipes- If I ask for anything, Ann goes above and beyond to get it to me immediately. Thank you Ann!

Anna Langley- Anna made a full-sized print out of the SIRS criteria for Sepsis that the nurses have on badge cards and placed them around the nurse's station so they are readily visible.

Kaitlin Caskey- Has gone above and beyond helping me catch up when needed. I never have to ask her to help because she is already in my office asking what she can help with. She is an amazing employee. She is definitely a rare gem.

Pam Mason- When we are shorthanded Pam will always jump in. We were short in housekeeping yesterday, and she helped clean conference rooms and patient rooms.

THANK YOU HEALTHCARE HEROES



Betty Batterton- I wanted to give a huge shoutout to Betty Batterton! She has gone above and beyond helping me get caught up from the holiday. She is definitely a great team player. HUGE THANKS TO YOU, BETTY!

Elizabeth Hill- I want to give a big “thank you” to Elizabeth! Elizabeth has worked laundry, housekeeping, & courier while we are shorthanded. Thank you Elizabeth!

Housekeeping, Laundry, and Elizabeth Hill- I want to thank you all for always stepping up to help when we are short-handed. Courtney, thank you for always coming out to help them. Elizabeth Hill for always filling in where I need you. Darlene, Jacquelyn, Jan, Karissa, Laura, and Reagan for always helping do extra.

Tanisha Shelbon- We were short-handed in housekeeping, and I was mopping the dining room. She helped put the chairs on the tables and helped put them down when we were done. She volunteered to help us with anything we needed help with. Thank you!

Yvette Island, CNA, Jody Loyd, CNA, Holly Farris, WC, and Courtney Chipmon, LPN- When the water fountain in the lobby overflowed, they stopped the water flow and cleaned up the mess.

THANK YOU
healthcare heroes

Want to nominate a healthcare hero, someone who has gone above and beyond their own job? Send nominations to Brittany Smith, RDN, LDN, MS Registered Dietitian & Foodservice Director bsmith@uniongen.org

Union General Rural Health Clinic

Be Prepared- Get Your Flu Shot!

FLU SHOT WALK-INS
WEDNESDAYS 7:30 AM-5:30 PM
NO APPOINTMENT NEEDED!

1025 MARION HWY
FARMERVILLE, LA 71241
318-368-9745

UNION GENERAL HOSPITAL

UNION GENERAL HOSPITAL

24/7 PHYSICIAN STAFFED EMERGENCY ROOM

YOUR HEALTH IS OUR PRIORITY

"PROVIDING QUALITY SERVICE WITH COMPASSIONATE CARE"

ADDITIONAL SERVICES OFFERED:

Telecardiology
Telestroke
Telepsychiatry

(318) 368-9751

901 JAMES AVENUE
FARMERVILLE, LA 71241
WWW.UNIONGEN.ORG

Kudos to Our Team for Outstanding Patient Feedback!



Your dedication to providing exceptional care and creating a welcoming, compassionate environment does not go unnoticed. It's in the smiles of those we serve, the relief in their words, and the trust they place in us. Each positive review is a testament to the hard work and kindness that you exhibit daily.

It's your expertise, your empathy, and your unwavering commitment to our mission that make these commendations possible. You have not only met but surpassed the expectations of those in our care, and for that, you deserve every bit of appreciation.

Please take these praises as motivation to continue our collective pursuit of excellence. Remember that your efforts have a profound impact on the lives of our patients and their families. On behalf of the management team, thank you for being the cornerstone of our success and for the outstanding services you render every day.

What the Patients Are Saying...

Inpatient Comments:

“From the ER to the floor Nurses, the doctors to the CNA’s, they were very, very polite and friendly. Kimberly, Candice, Shereka, Elizabeth- everyone was so caring and wonderful. They attended to my needs and their personalities were awesome.”

“Wonderful nurses and aides!”

What did you like best about Union General Hospital? “Everyone from the ER to our stay on the floor was very professional and friendly. It was a wonderful atmosphere and made our stay pleasant. Keep up the good work!”

Is there someone who cared for you that you would like to acknowledge? “Tina, Kimberly, Yvette, Jody, and Shereka- They were very caring and made the stay very comfortable.”

Putting Patients First Our Unwavering Commitment

At Union General Hospital, your health and well-being are at the heart of everything we do. We believe that every patient deserves not just medical care but also compassion, understanding, and respect. That's why we've taken additional steps to ensure that your experience with us is not just satisfactory, but ALWAYS exemplary.

thank you

"Every nurse, aide, and other staff all took extra good care of me. Everyone was great! Very professional and helpful. Everyone took great care me! Thank you!"

A visitor came in to pay her bill and wanted to tell everyone that she and her husband are so proud of this hospital and the excellent service they always receive here. She says "May God bless each and every one of you, thanks so much!"

Is there someone who cared for you that you would like to acknowledge and say thank you to? "

I just have to say everyone, and I thank you all."What did you like best about Union General?

"Everything, y'all are the best."

"All of the staff was great. They jumped on the problem and were very professional. Thanks so much."

Are you wondering about your child's Speech and Language Development?

GIVE US A CALL TO
SCHEDULE A FREE
SCREENING
(318) 368-7092

SPEECH THERAPIST



Why Choose
Union
General
Speech and
Language
Therapy

Whole-Child
Centered

Respected
in the
Community

UNION
GENERAL
HOSPITAL

ADDRESS
901 James Avenue
Farmerville, LA 71241

OPEN HOURS
Monday- Friday
8am - 5pm

FOLLOW US



www.uniongen.org

Therapy Comments:

“The staff was great, very friendly people.”

“The service was excellent, and the staff was the best!”

“It was great, they helped me a lot.”

“I feel great! Wonderful staff.”

“The staff is wonderful, and I will really miss seeing everyone. I cannot thank everyone enough for getting me through my knee replacement.”

“The treatment I received was wonderful. The staff was very professional.”

“Great customer service! They went out of their way to call me to reschedule an appointment during fall break so I didn't have to get up early. Everyone is always kind and seems happy to be helping you.”

“Fantastic! The people were great, and the experience was better than I expected.”

SHORT-TERM REHABILITATION PROGRAM

Short-term rehab is designed to offer a comprehensive approach to recovery for patients, offering physical, occupational and speech therapy services, case management, social services and daily skilled care, for your safe transition from hospital to home. Short term rehab is needed following an injury, surgery, or illness. The conditions often treated using a short-term rehab program include (but are not limited to):



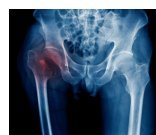
**Post-stroke
Recovery**



**Knee or Hip
Replacement**



**Post Acute
Hospital Stay**



**Acute
Fractures**

**Our goal is to Provide
Quality Service with
Compassionate Care.**

**If you or your loved one needs
a place to recover:**

CALL US TODAY

318 368 9751

24-HOUR PHYSICIAN STAFFED
EMERGENCY ROOM. PHYSICAL,
OCCUPATIONAL, SPEECH AND
RESPIRATORY THERAPIST 5-7
DAYS A WEEK BASED ON YOUR
NEEDS. DAILY PHYSICIAN VISIT.
ON-SITE LAB AND RADIOLOGY.
REGISTERED DIETICIAN.



UNION GENERAL HOSPITAL named Top Critical Access Hospital (CAHs)

Union General Hospital was included and scored best among the Top 20 Critical Access Hospitals for Rural Health for Patient Satisfaction in the country. The Hospital achieved success in two key areas of performance. First is the Quality index: A rating of hospital performance based on the percentile rank across rural-relevant process of care measures. Secondly for Patient perspective index: A rating of hospital performance based on the percentile rank across ALL 10 HCAHPS domains. An awards ceremony was held in September during the NRHA's Critical Access Hospital Conference located in Kansas City, Missouri.

“Union General Hospital is proud of the efforts of all the physicians and staff who have contributed to our hospital achieving this designation,” Dianne Davidson, CEO. Our achievement as a Top 20 rated hospital with excellent Patient Satisfaction scores means our community can count on us to deliver top quality services they need now and in the future.”



Left to right: Brad Adcock, Chief Financial Officer, Dianne Davidson, CEO, Amanda Whiddon, Chief Operating Officer.



NEWS



YOU AND A GUEST ARE INVITED TO
*Union General Hospital's
Christmas Party*

DECEMBER

FRIDAY

1
2023

5:30 - 6:30PM - SOCIAL HOUR
6:30PM - DINNER WITH AWARDS
& MUSIC TO FOLLOW

DARBONNE COUNTRY CLUB
180 COUNTRY CLUB RD FARMERVILLE, LA

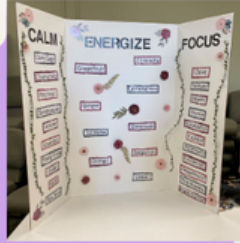
PLEASE RVSP BY SIGNING UP ON YOUR
DEPARTMENT'S CHRISTMAS PARTY SIGN UP LIST

MEAL PREPARED BY LEEBABY'S CATERING:
RIBEYE STEAKS, BAKED POTATOES, GREEN BEANS, SALAD, PEACH
COBBLER

YEARS OF SERVICE AWARDS
CUSTOM LEARNING AWARD RECOGNITION
SPIN THE WHEEL
DOOR PRIZES
EMPLOYEE OF THE YEAR
DIRECTOR OF THE YEAR
GRAND PRIZE DRAWING OF 2 - \$250 VISA GIFT CARDS

*EMPLOYEES MUST BE PRESENT AT CHRISTMAS PARTY OR
ACTIVELY WORKING TO WIN PRIZE DRAWINGS*

THE IOP TEAM PROVIDED INFORMATION ABOUT MANAGING A VARIETY OF MENTAL HEALTH ISSUES, POSITIVE SELF-TALK, AND THE BENEFITS OF ESSENTIAL OILS.



A HUGE THANK YOU TO OUR AWESOME IOP TEAM FOR HOSTING THIS EVENT! IT WAS GREAT TO RELAX, LEARN, AND ENJOY ICE CREAM TOGETHER!



WORLD MENTAL HEALTH DAY AT UNION GENERAL



THANK YOU TO JAMES & MARY HUDSON WITH H&H COFFEE HOUSE FOR PROVIDING EMPLOYEES WITH ICE CREAM AT THE EVENT!



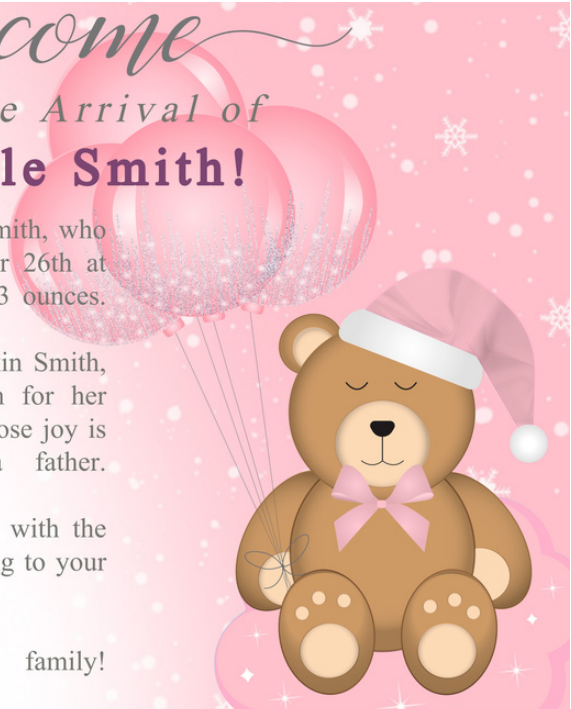
welcome Announcing the Arrival of **Lillian Kyle Smith!**

We joyfully announce the birth of Lillian Kyle Smith, who graced her parents with her presence on October 26th at 1PM. Their little star weighed in at 5 pounds, 13 ounces.

Congratulations to the proud parents, Taylor Baskin Smith, our esteemed Medical Records Director, known for her dedication and warmth, and Billy Kyle Smith, whose joy is now doubly reflected in his role as a father.

To Taylor and Billy: May Lillian's life be filled with the same love, care, and excellence that you both bring to your family.

Warm wishes and cuddles to the Smith family!



Welcome

Porter Hayes Ginn

Born: September 21, 2023

Weight: 8 lbs 9 oz

Length: 20 3/4 inches



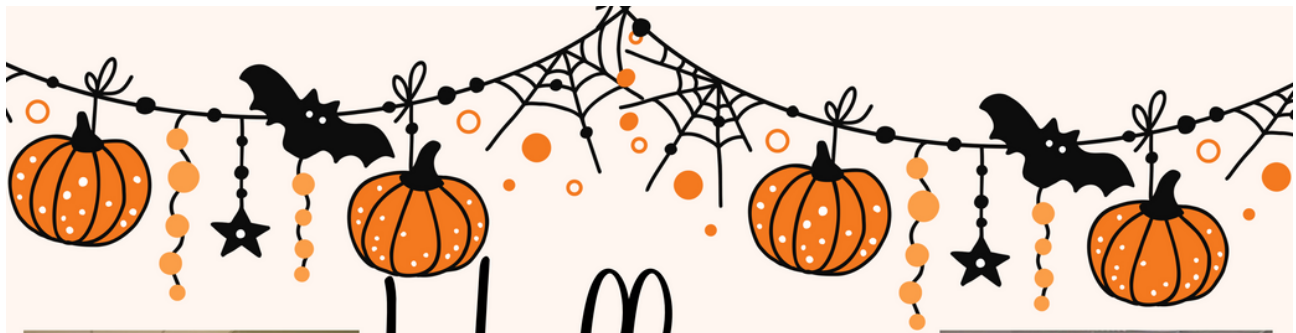
Proud parents Blake and Bonnie Ginn are delighted to welcome Porter into the world. Bonnie, who passionately serves as a Registered Nurse in the ER during the day, is now embracing the most rewarding role of all - motherhood.

Please join us in celebrating this bundle of joy and the new chapter in the lives of the Ginn family!

Cooper Reid Kindrix

On the memorable day of May 28, 2023, a new bundle of joy entered the world, welcomed On May 28, 2023, Cooper Reid Kindrix was born, weighing 7 pounds and 13 ounces and measuring 20.5 inches long. He is the beloved son of Aaron and Alex Kindrix. Alex, a dedicated Registered Nurse, works day shifts in the Emergency Room. Cooper's arrival has filled their hearts with joy, and they look forward to the beautiful journey of parenthood ahead. Congratulations to the Kindrix family!

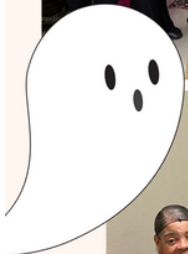




Halloween AT UGH



BOO



COMMUNITY

A DECADE OF EMPOWERMENT: CELEBRATING "IT'S A GIRL THING, MAKING PROUD CHOICES"



Claudia Wade
Director of Community
Development
and Grant Management

As the Program Director, I am filled with joy as we celebrate a decade of "It's a Girl Thing, Making Proud Choices." Our celebration on August 28th, 2023, was a testament to the life-changing impact we've made, with former participants now thriving as college graduates and community leaders. Our hospital CEO Dianne Davidson, extended a warm welcome to the attendees. Mike Williams, IT Director did the invocation, followed by Linda Taylor, Administrative Assistant leading the Pledge of Allegiance.

Distinguished speakers, Kristy Auger Fine, Superintendent of Union Parish Schools, and Tony Cain, Executive Director of Downsville Community Charter School, highlighted the successful partnership between Union General Hospital and local schools. They emphasized the value of integrating programs like "It's a Girl Thing, Making Proud Choices," Anti-Bullying/Suicide Prevention, and Drug Prevention within the educational curriculum, expressing their gratitude to the hospital.

We're grateful to everyone who has made this program a beacon of success, including our hospital professionals, community partners, and the girls we serve. Enrollment continues year-round, with details available on www.uniongen.org. Here's to many more years of empowering young women!

**ITS A GIRL THING,
MAKING PROUD CHOICES**

**THIS QUARTER THE GIRLS ATTENDED
MEETINGS ABOUT...**



SUICIDE PREVENTION



ANTI-BULLYING

DOMESTIC ABUSE



**1st Annual Bernice
Community Resource Fair!!
Reeves Memorial Medical
Center and The Banner News
put this event on and had a
terrific turnout of vendors
and citizens!**



Left to right: Regan Robinson & Claudia Wade, Director of Community Development and Grant Management

**UPCOMING
Meetings**

5PM

**20
NOVEMBER**



5PM

**18
DECEMBER**

901 James Avenue
Farmerville, LA 71241

WWW.UNIONGEN.ORG
318 368 7078
318 368 7821

Girls need parent
consent to attend



● Standing with D.A.R.T: Taking Steps to End Domestic Violence ●

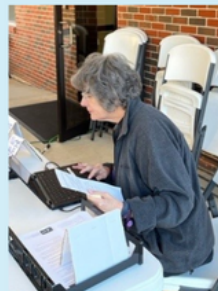
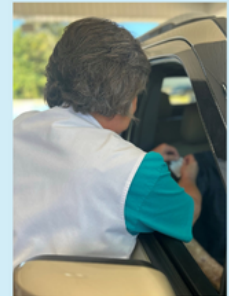
Walk-A-Thon to Make Strides Against Domestic Violence

In October we walked in solidarity, we walked for hope, and we walked for the countless lives affected by domestic violence. Together, with D.A.R.T (Domestic Abuse Resistance Team), we are taking concrete steps towards a safer future for everyone. Your strides contributed to raising awareness, supporting survivors, and fostering a community that says no to violence in any home. ♥



FIRST BAPTIST CHURCH FARMERVILLE

CHURCH 2023 Flu Drive

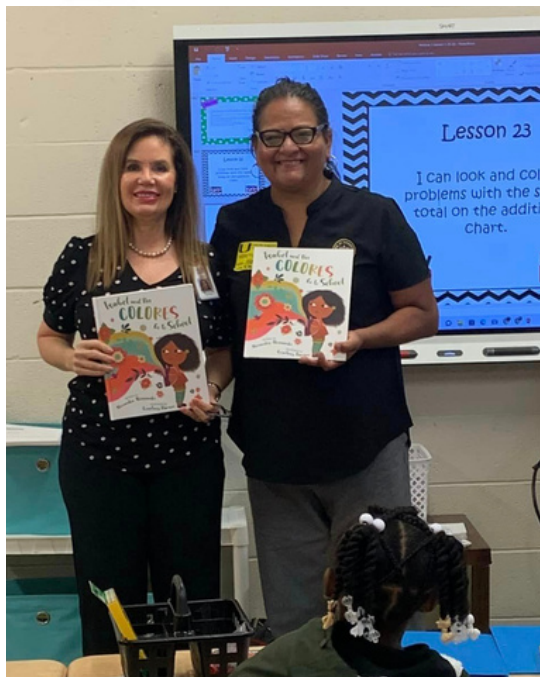




NATIONAL
HISPANIC
 HERITAGE MONTH



**BILINGUAL
 READING PROGRAM**




MEET THE AUTHOR




KEKA NOVALES



United in Hope: Reflecting on Breast Cancer Awareness Month

By Claudia Wade

Director of Community Development and Grant Management

As Breast Cancer Awareness Month ends, we find ourselves in a moment of quiet reflection, looking back on the myriad of activities and the heartfelt initiatives that we have undertaken. It has been a month imbued with pink, not just in the ribbons we wore, the tulips we sold or the banners we raised, but in the collective consciousness of our community.

We ended with a reception that was more than just a gathering; it was a confluence of hope, bravery, and solidarity. Every speaker who took the stage, from Dianne Davidson, our formidable CEO of Union General Hospital, to the poignant narratives of survivors like Kristy Auger Fine and Missy Folsom Williams, added threads to the rich tapestry of our shared experience. They reminded us that while breast cancer is a formidable adversary, our collective will is stronger.

Chris Gantt from Paramount Healthcare Consultants illuminated the crucial role of community liaisons.

He shed light on how interconnectedness in healthcare can not only enhance patient support but can lead to better outcomes and heightened awareness. His message underlined the theme of the month: unity. Jarvis Spearman, with the "Eternal Tulip Elegy," offered us a sacred space to honor those we've lost. The tulip, in its quiet elegance, became a symbol of eternal remembrance, reminding us that while some battles are lost, none are forgotten.

We learned about the scientific side of this fight, too. Emily Love, a Radiologic Technologist, educated us on the importance of mammograms in early detection, bringing home the message that technology and vigilance are our allies in this battle. Kendall Kimbell, from the Therapy Department, expanded our understanding by highlighting lymphedema treatment, a critical aspect of post-cancer care that is often overshadowed by the primary treatment itself.

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Amidst these educational sessions and heartfelt tributes, the tulip presentation to breast cancer survivors truly encapsulated our journey. Each tulip, with its vibrant petals and graceful elegance, served as a poignant symbol of the beauty and resilience exhibited throughout the battle against breast cancer, signifying both triumph and the hardships overcome along the way.

As we draw the curtains on this month's activities, we are reminded that the fight against breast cancer is not confined to a single month. Instead, the awareness we've raised, the knowledge we've shared, and the connections we've strengthened form a continuous thread in the fabric of our lives.

Breast Cancer Awareness Month may end, but our commitment does not waver. We carry forward the stories we've heard, the lessons we've learned, and the spirit of those we've remembered into every day of the year. We move forward with the resolve that as long as there are those who face this challenge, they will not face it alone. We are united, we are strong, and we are hopeful—for ourselves, for our loved ones, and for a future free from the shadow of breast cancer.

We extend our deepest gratitude to our sponsors and donors. Your generous support is not just a contribution, it's an inspiration. Thank you from the bottom of our hearts.



**SCHEDULE YOUR ANNUAL MAMMOGRAM TODAY
MAMMOGRAMS CAN SAVE LIVES BY DETECTING BREAST CANCER
EARLY WHEN IT'S MOST TREATABLE. IF IT'S TIME FOR YOUR
ANNUAL MAMMOGRAM, PLEASE DON'T DELAY. TO SCHEDULE
YOUR APPOINTMENT ☎ CALL US AT 318-368-7072
YOUR HEALTH IS YOUR PRIORITY, AND WE'RE HERE TO SUPPORT
YOU EVERY STEP OF THE WAY.**



UGH Breast Cancer Awareness Walk



THANK YOU TO EVERYONE WHO PARTICIPATED TO MAKE THIS A GREAT FIRST YEAR FOR OUR WALK!



1st Annual Union General Foundation United in Hope

Breast Cancer Reception



There were 9 survivors in attendance!



Survivors Kristy Fine & Missy Williams gave their testimonies.



The event featured an impressive roster of speakers: Dianne Davidson, CEO, Claudia Wade, Director of Community Development and Grant Management, Emily Love, a Radiological Technologist and Registered Mammography Technologist, along with Kendall Kimbell, an Occupational Therapist and Certified Lymphedema Therapist. The opening prayer was graciously offered by Mike Williams, IT Director and Jarvis Spearman from Heart of Hospice Acadiana delivered the moving Eternal Tulip Eulogy.



PAINT THE TOWN *Pink*



2ND PLACE
READ'S LUMBER SUPPLY & CO.



1ST PLACE
K&M COFFEE, CORKS & CAMO



3RD PLACE
LEXILOU'S



COOTER'S BAIT & TACKLE



MARION STATE BANK



MORGAN SAVAGE SALON



ORIGIN BANK



TOWN OF FARMERVILLE

THANKS TO ALL OF THE BUSINESSES WHO PARTICIPATED IN OUR FIRST ANNUAL PAINT THE TOWN PINK WINDOW DECORATING CONTEST!



REGULAR MAMMOGRAMS ARE THE KEY TO DIAGNOSING AND BEATING BREAST CANCER.

To schedule your 3D mammogram contact us at 318-368-7072

TRICK-OR-TREAT!



Championing Community Health with Heart: Union General Rural Health Clinic

By Sara Mason

Rural Health Clinic Director



As the proud Director of the Union General Rural Health Clinic, I am privileged to lead a team where quality service and compassionate care are the cornerstones of our practice. We don't just serve a community; we are an integral part of it. Our commitment goes beyond healthcare—it's about the personal connections we make every day.

Year after year, our clinic's spirit shines brightly, not just in the top-tier medical care we provide but also in the joy we bring. Our Halloween theme event has become a cherished tradition, symbolizing our unity and shared passion. The creativity and enthusiasm we display in winning the costume contest several years in a row are reflective of our dedication to excellence in everything we do.

We are more than just healthcare providers; we are a family here. The friendships and professional relationships among our staff foster a supportive and caring environment that extends to every patient who walks through our doors.

Our Services:

- Family Medicine - All Ages: Comprehensive care for the entire family.
- Routine Health Screenings: Essential checks for the wellbeing of our patients.
- Women's Health: Tailored care for the unique health needs of women.
- Pre-Employment and Athletic Physicals: Ensuring fitness and readiness for work and sports.

Continued on next page...

- **Medicaid Kidmed:** A dedicated program for our younger patients, offering:
 - Child Wellness Exams
 - Immunizations
 - Developmental Screenings
 - Nutrition Assessment
 - Dental Assessment
 - Vision & Hearing Exams
 - Blood & Urine Checks
 - Health Education for Medicaid-eligible children ages 0-21

- We welcome walk-ins every day, affirming our commitment to accessible healthcare. Should you wish for a scheduled visit, making an appointment is just a call away at (318) 368-9745.
- Our doors open from Monday to Wednesday, 7:30 AM to 6:00 PM, and Thursday to Friday, 7:30 AM to 5:00 PM, ready to serve you at 1025 Marion Hwy, Farmerville, LA 71241.
- For more details about our services and the passionate care we provide, visit us at www.uniongen.org.
- Together, let's continue to nurture a healthier, happier community.

UNION GENERAL RURAL HEALTH CLINIC

1025 Marion Hwy, Farmerville, LA 71241
Phone: (318) 368-9745



Dr. Clayton Branton



**Erin Griffin
RN, FNP-C**



**Deanna Neal
RN, FNP-C**



**Tamara McAdams
RN, FNP-C**

Union General Hospital Embraces VCOM Medical Students for Health Fair

Dianne Davidson, CEO extended a warm welcome to the medical students from VCOM - Edward Via College of Osteopathic Medicine Louisiana. These aspiring healthcare professionals were invited to host a health fair, focusing on the paramount health concern of Union Parish: obesity.

The students took this opportunity to engage with our hospital employees, sharing vital information on obesity and diabetes, as well as the critical role of exercise. They emphasized the significance of maintaining a healthy diet and regular physical activity as key strategies to manage weight effectively.

We are incredibly thankful for the wealth of knowledge and enthusiasm these students from VCOM have brought into our community. Their presence and active participation are invaluable assets to our ongoing health education efforts.

Union General Hospital is proud to collaborate with institutions like VCOM that are dedicated to cultivating a healthier future for all.



Chili & Banana Pudding Showdown Success at Union General Hospital!


Union General Hospital's staff turned up the heat with a sizzling chili cookoff and whipped up some sweet competition with a banana pudding contest, all in the spirit of supporting the United Way of Northeast Louisiana.

Chili Cookoff Winners:

-  1st Place: Brittany Smith, who simmered her way to the top with her delectable chili.
-  2nd Place: Taylor Smith, serving up a second helping of Smith family excellence.
-  3rd Place: Derek Reid, whose chili creation captured the hearts and taste buds of all.



Banana Pudding Cookoff Winner:

-  1st Place: Brie Rowley, whose banana pudding was the sweetest endnote to the fiery chili competition.

A huge congratulations to all our culinary champions and heartfelt thanks to everyone who participated! Your delicious dishes brought joy and full bellies to a great cause.

A special shoutout to the esteemed judges from the Farmerville Fire Department & Union Parish Sheriff's Office. Your discerning palates and willingness to take on the tough job of tasting our contestants' creations made the event all the more successful.

Here's to community, charity, and championship chili and pudding! 🎉

2023- 2024 INFLUENZA SEASON!!!



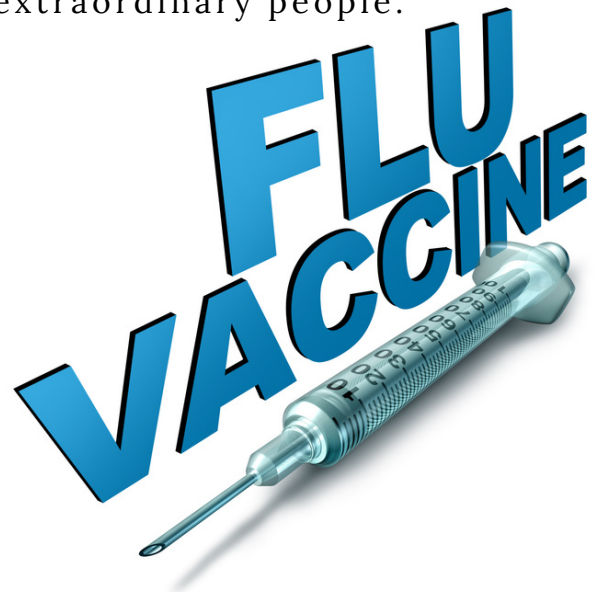
Left to Right (Front Row) Residents: Sue Butler, John Daniel, Betty Daniel, Robin Burcham, Joyce Brown, Yvonne Kennedy, and Shirley Dring. Back Row: Tammi Anderson (UGH), Emilee Rosson (AR), and Peg Millsap (UGH)

Tammi Anderson, a Nurse at UGH, and Peg Millsap, IPC at UGH, wanted to express how much they enjoyed yesterday's visit (November 1st) to Arbor Rose Assisting Living. They were thrilled to provide flu shots for the residents for the 2023-2024 flu season.

On every visit, they are struck by the beauty of the facility and its lovely grounds. The staff they encountered were excellent and incredibly kind, always willing to assist with any task.

Special thanks go to Emilee Rosson, the Assistant Director, for meticulously organizing all the paperwork and ensuring that all the residents were well-prepared for their flu shots. Heather Brantley, the Activity Director, also deserves a big shout-out for her exceptional assistance. She answered their questions, addressed their needs, and ensured we knew every resident by name and room. It wasn't just another day on the job; Tammi and Peg genuinely felt part of the Arbor Rose family. Thanks to everyone involved for making them feel so welcome!

But most of all, we want to thank the residents of Arbor Rose for their patience, quick wit, and being extremely funny. We were blessed to be among such extraordinary people.



Prayerful Reflection

IN GRATITUDE FOR THE CARE MY HUSBAND DAVID WADE RECEIVED AT
UNION GENERAL HOSPITAL

By Claudia Wade

Almighty and Everlasting God,

In the tapestry of life, You have woven threads of prayers, resilience, and community into my journey, for which my heart is brimming with gratitude. Your guidance has been my compass, especially through the trials of a 12-year civil war. During those tumultuous years, there were moments of despair, yet You carried me through, reminding me that You have a purpose, a time, and a day for us all.

When I transitioned to Farmerville, LA, in 2009, leaving behind a life I had built over 45 years in El Salvador, including the last 16 with the Peace Corps, my home, and my family, it was a leap of faith into Your hands. As I supported David while he cared for his mother, who was battling cancer, my decision seemed unfathomable to some, like Mike Wise, Peace Corps Director. Yet, in the face of doubt, my response was steadfast: "Mike, I have prayed, and I trust in God that I am doing the right thing."

Arriving in a new place, known only to David and his mother, You, Lord, opened the arms of Farmerville to me. After more than 14 years, it feels as though it has always been my home. My path led me to Union General Hospital in 2011, and there, You blessed me with a community of friends who have become like family.

In Your wisdom, You have placed me among colleagues who have stood by me through every hardship, enveloping me and my beloved David Wade in a cocoon of love and support.

For the nursing staff who have been a pillar of strength for David, for Dr. Clayton Branton, Dr. Steven Venters, and Dr. Steven Unkel, who have been instruments of Your healing grace, I give thanks.

For the Dietary Department, Rural Health Clinic, ER, Radiology, and each hand that has contributed to David's care, I am eternally grateful. For the Admin team and all those who contribute to the healing behind the scenes, I pray for blessings upon their work.

Bless Jody Loyd and Carrie Perry, whose tender care at the VA home in Monroe has been a beacon of Your love. They have become more than David's caregivers; they are family, confidants, and friends, showering David with love and compassion every day.

Lord, I pray for continued strength and resilience to walk this path. May I always feel the embrace of this tight-knit community and remember the countless prayers that have fortified me. In Your boundless love and mercy, I thank You for the journey, for the people You have placed in my life, and for the constant reminder that we are never alone at any step.

With a heart full of prayers, strengthened by resilience, and uplifted by the community, I offer my sincerest thanks. Amen.

Almond, Elizabeth	10/14
Banks, Jacquelyn	10/10
Fields, Gloria	10/20
Finklea, Ann Marie	10/13
Jung, Darra	10/07
Medlin, Jennifer	10/12
Morrow, Rachel	10/01
Nation, Courtney	10/08
Pearson, Dee	10/01
Taylor, Linda	10/05
Wade, Claudia	10/28

Adcock, Brad	12/13
Alford, Caroline	12/11
Areno, Morgan	12/26
Barr, Kimberly	12/08
Barron, Remona	12/13
Burch, Aquana	12/14
Delrio, Madelyn	12/06
Graham, Pamela	12/22
McLelland, Jessie	12/16
Millsap, Peggy	12/09
Moon, Theresa	12/24
Pipes, Ann	12/10
Sonia, Stephanie	12/19

Anderson, Tammy	11/09
Dr. Branton, Clay	11/19
Burch, LaTonya B.	11/20
Ginn, Bonnie	11/07
Griffin, Erin	11/01
Hodge, Wendy	11/01
Holland, Zaneetra	11/27
Kindrix, Alexandra	11/16
Peterson, Patrick	11/14
Reid, Dereck	11/04
Terral, Katelyn	11/16
Weis, mary-arthur	11/13



A Feast of Gratitude: Thanksgiving Recipes for Everyone

Side Dishes:

- Sausage and Sage Stuffing - A hearty stuffing enriched with the flavor of pork sausage and fresh sage.
- Garlic Mashed Potatoes - Creamy mashed potatoes with roasted garlic and parmesan.
- Green Bean Almondine - Fresh green beans sautéed with butter and topped with almonds.
- **Sweet Potato Casserole - Topped with a crunchy pecan and brown sugar crust.**
- **Cranberry Sauce - Made from scratch with fresh cranberries and orange zest.**

Desserts:

- Pumpkin Pie - With a homemade crust and a dollop of whipped cream.
- Pecan Pie - Rich, sticky, and sweet, perfect with a scoop of vanilla ice cream.
- Apple Crisp - A simple and comforting dessert with a crumbly oat topping.
- Bourbon Chocolate Pecan Pie - A boozy twist on the classic pecan pie for a more adult dessert.

Breads:

1. Cornbread - Sweet or savory, served warm with honey butter.
2. Parker House Rolls - Soft, buttery dinner rolls that pull apart beautifully.

Drinks:

1. Mulled Apple Cider - Warm and spiced, a non-alcoholic option that's a crowd-pleaser.
2. Pumpkin Spice Martini - A festive cocktail for the adults at the party.

Vegetarian/Vegan Options:

1. Lentil Loaf - A meatless alternative to traditional meatloaf, rich in flavor and texture.
2. Vegan Mushroom Gravy - A delicious gravy that everyone at the table can enjoy.
3. Roasted Brussels Sprouts with Balsamic Reduction - A simple yet flavorful side dish.

Gluten-Free Options:

1. Gluten-Free Cornbread Stuffing - Using gluten-free cornbread as the base.
2. Quinoa Salad with Roasted Vegetables - A light and nutritious side dish option.

Remember, Thanksgiving is not only about the food but also about the experience of cooking together, sharing stories, and creating memories. Don't hesitate to adjust these recipes to suit your dietary needs and personal tastes. Whether you're looking for something traditional or want to try something new, the key is to prepare it with love.

Several websites are well-regarded for their extensive collections of Thanksgiving recipes, ranging from traditional dishes to innovative twists on the classics. Here are some of the best websites to find

Thanksgiving recipes:

1. AllRecipes (allrecipes.com)
2. AllRecipes offers a vast array of user-submitted recipes with ratings and reviews, which can be very helpful when choosing a dish to prepare.
3. Serious Eats (seriouseats.com)
4. Serious Eats offers well-tested recipes and comprehensive guides that delve into the science of cooking, which can be particularly helpful for perfecting holiday dishes.

5. The Kitchn (thekitchn.com)

The Kitchn is a daily food magazine on the Web celebrating life in the kitchen through home cooking and kitchen intelligence.

6. Taste of Home (tasteofhome.com)

Taste of Home specializes in recipes that are home-cooked and family-tested, many of which are perfect for holiday gatherings.

7. Martha Stewart (marthastewart.com)

Martha Stewart's website is a great resource for elegant, tried-and-true recipes and tips for hosting the perfect Thanksgiving.

8. Simply Recipes (simplyrecipes.com)

Simply Recipes is exactly what it sounds like - a collection of simple, easy-to-follow recipes that includes plenty of classic Thanksgiving options.

9. Smitten Kitchen (smittenkitchen.com)

Smitten Kitchen features recipes that are comfort food centric and approachable, often with a gourmet twist.

These websites provide not only recipes but also valuable cooking tips, ideas for table settings, and strategies for handling leftovers. With their diverse selections, you're sure to find inspiration for your Thanksgiving menu.



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- KidMed
- Medical Nutrition Therapy
- Telecardiology
- Telestroke
- Telepsychiatry
- Lymphedema
- Dry Needling



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Physical Occupational and Speech Therapy for Pediatrics and Adults
901 James Ave, Farmerville, LA 71241
(318) 368-7092



Union General IOP
761 James Ave, Farmerville, LA 71241
(318) 368-4748

Community Programs

- Adolescent Health Programs: Anti Bullying/Suicide Prevention, It's a Girl Thing, Making Proud Choices (Teen STD/HIV Pregnancy Prevention, Annual Scholarship), Teen Drug and Alcohol Prevention.
- Breast Cancer Prevention, Colorectal Cancer Prevention, Heart Disease and Diabetes Prevention, Nutrition Education Program in Partnership with LSU AgCenter.



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SHORT-TERM REHABILITATION PROGRAM

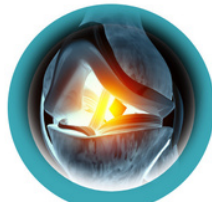
What is Short-Term Rehab Good For?



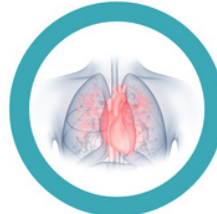
Short-term rehab is designed to offer a comprehensive approach to recovery for patients, offering physical, occupational and speech therapy services, case management, social services and daily skilled care, for your safe transition from hospital to home. Short term rehab is needed following an injury, surgery, or illness. The conditions often treated using a short-term rehab program include (but are not limited to):



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Post Accute Hospital Stay



Acute Fractures

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