



SPRING - SUMMER 2023

THE PULSE

901 James Avenue, Farmerville, LA 71241
(318) 368-9751 www.uniongen.org

Our Mission Statement ***"Providing Quality*** ***Service with*** ***Compassionate Care"***

We at Union General Hospital's Marketing & Community Outreach Department are pleased to bring this community newsletter to you as part of our commitment to keep you informed of activities at your local hospital. We welcome your comments at cwade@uniongen.org

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Welcome to our new CEO



Dianne Davidson, CEO

We would like to welcome Dianne Davidson on her first month serving as Union General Hospital's Chief Executive Officer.

Dianne, widely respected health care leader, took Evalyn Ormond's position when she retired in March.

"Putting patients first orients us to what is right and is the driving force that will make us great to achieve our purpose," she wrote. Putting patients first means organizing ourselves in alignment around the goals of patient care and creating, coordinating, and integrating programs so that patients have a great experience every time they enter our facility or interact with us virtually. Putting patients at the center of our work includes measuring our performance and continuously working together to improve."

"Patients entrust us with all aspects of their healthcare, whether it is a focus on wellness, healing or end of life transition. Our role in all of these aspects of care is profound. Our patients and community deserve for each of us – all positions, all shifts, all services and clinics and settings – to bring our talents, skills, and best efforts each day. I am looking forward to learning ways I can best support you in achieving that goal."

Dianne's enthusiasm for the mission of Union General Hospital of Providing Quality Services with Compassionate Care has been met with equal excitement and confidence from the Union General Hospital Board of Trustees.

Dianne, brings to us a breadth of skills, leadership experience, perspective and vision that will help Union General Hospital continue to thrive as a destination of choice for health care in Union Parish. Dianne will be instrumental in guiding our future strategic direction as a strong and vibrant organization and key contributor to the success of Union General Hospital.



UNION GENERAL HOSPITAL HEROES

Gloria Fields & Wendi Hollis –

going above and beyond to make sure a patient's family was comfortable and for showing they family that they cared.

Yvette Island – came in for other CNA Thursday 1/5/23, who had a death in her family, on her day off 7A-7P.

Jody Lody – came in for other CNA Wednesday 1/4/23, who had death in her family, on her day off 7A-7P

Carrie Perry – came in for other CNA out sick Wednesday night.

Ann Marie Finklea – came in for other nurse out sick Saturday and Sunday night. New Year's eve and day.

Holly Farris – fixed some nursing forms for us on the computer and working on updating our ward clerk book for charges

with registration and patient logic. Thank you!

Sandra Carnes, RN and Kaneisha Mason, CNA - worked hard to ensure that our IOP patients received quality services on Jan. 19, in spite of the fact the IOP was understaffed on this day with only 3 employees on the unit.

Shannon Ward: I locked my keys in my office when I had worked late last Monday. He left his home and family to come to work to help me get into my office. It was less than 5 minutes and he was here. Without him doing this I would have spend the night here. I had no alternatives or people to get to me. Very grateful!

Courtney Nation: Courtney came back up to hospital around 6pm and changed out Dr's cabin. We had a new Dr. coming so she came back and cleaned it and put new sheets on bed.

Shannon Ward: Several of our IV poles are starting to be rusted around the base and paint coming off. Shannon took them and sanded them down and repainted them where they look brand new. Thank you for going above and beyond!

Elizabeth Hill: Elizabeth came in early to train Wendi for RHC cleaning and now Wendi will be coming to the floor and my new HK going to RHC & Elizabeth will be teaching her. Thank you Elizabeth!

Laura Davis, Jan Rockett, Courtney Nation, Darlene Johnikin, Wendi Hollis, Jacquelyn Banks, Pam Mason, Elizabeth Hill – Just want to thank

everyone for helping out when we were short-handed. You all did great!

Want to nominate a healthcare hero-someone who has gone above and beyond their own job? Send nominations to:

**Brittany Smith, RDN, LDN, MS
Registered Dietitian &
Foodservice Director
Union General Hospital
901 James Ave.
Farmerville, LA 71241
(318) 368-706**



***I nominate our very own Caregiver Hero
Name and Why:***





Patient Comments

What do you like best about UGH: **The kindness and friendliness of the nurses and staff. Everyone was so amazing! We had an amazing stay!**

I would like to acknowledge everyone and especially Darlene. Everyone has been so nice and took care of me.

I am very pleased with the progress made in my physical therapy. All of the therapist that worked with me were very good.

*Everyone was real good. What did you like best about Union General? **Food***

What did you like best about Union General? *Everything!*

The friendly, supporting and great instruction while doing PT. Wonderful Therapists.

I have completely enjoyed my experience with all of the staff. Everyone was so helpful and absolutely wonderful. I will definitely recommend this place to anyone I know. Very happy with my experience.

Everyone was friendly, caring, no complaints – good food.

Fabulous experience, very professional staff. Very friendly helpful staff. Everyone is amazing.

Nurses communicated with me: **Best in the World.**

Doctors communicated with me: **Really knew what he was doing**

My Room was kept clean: **All Day**

It was quiet at night: **Very quiet**

Let us know how we can serve you better next time. **I think you are good already**

What did you like best about Union General? **The food is the best that I had served.**

Would like to acknowledge Anna, Courtney, LeAnn, Liz, Miss Jodie & all of the others. Excellence care! Great Staff! What I liked best about Union General is the friendliness, compassion, and understanding from all staff.

Service was great! What I liked best about Union General is the staff, doctors, and nurses! Would like to acknowledge Shereka Grisby.

“The staff was so good to me”

Patient Comment: **Everything was good. Kind & Patience.**

Would like to acknowledge everyone, Lab, ER, Nurses and Nurses Aid. Everyone was so caring, friendly, and attentive.

What did you like best about Union General? **The Employees**

What like to acknowledge all the caregivers. They are all so kind and caring.

What like to acknowledge everyone on duty. Each one showed compassion and care. What did you like best about Union General? **Food and Nurses**

You're the best! What did you like best about Union General? **The People**



HOSPITAL

THERAPY SERVICES

MISSION:
**Providing Quality Services
with Compassionate Care**

**At Union General Outpatient
Therapy, we provide Physical,
Occupational, and Speech Therapy
from pediatric to adult patients.**



PHYSICAL THERAPY

- Total Hip and Knee Replacements
- Sports Injuries
- Stroke Rehabilitation
- Generalized Weakness
- Impaired Balance and Mobility
- Neurological Disorders
- Developmental Delay in Children
- Dry Needling
- Wound Care

OCCUPATIONAL THERAPY

- Total Shoulder Replacements
- Rotator Cuff Repairs
- Elbow and Hand Injuries
- Upper Extremity Weakness
- Stroke Rehabilitation
- Activities of Daily Living
- Neurological Disorders
- Developmental Delay in Children
- Lymphedema Therapy
- Interactive Metronome
- School Readiness Program for Grades K-3

SPEECH THERAPY

- Articulation and Language Disorders
- Fluency Disorders
- Voice Disorders
- Cognitive-Communication Disorders
- Aphasia
- Dysarthria
- Dysphagia
- Ampcare for Adults

CONTACT US TODAY

901 James Avenue
Farmerville, LA 71241

phone: 318.368.7092
fax: 318.368.7450



News and Updates

Thank you to everyone that came to Evalyn Ormond's Retirement party! It was a beautiful event to celebrate a beautiful person. We love you Evalyn and congratulations on your retirement. Thank you Danielle Boyett Harkins/The Banner News for taking the pictures.







SOCIAL WORKERS CHANGE FUTURES

MARCH WAS SOCIAL WORKERS MONTH! WE CELEBRATED OUR SOCIAL WORKERS.

Union General Social Workers specialize in Psychotherapy and work with geriatrics and geriatric type lifestyle. All are talented and are committed to quality patient care.

What is Psychotherapy?

Psychotherapy, or talk therapy that is used for a broad variety of mental illnesses and emotional difficulties. The goal to eliminate or control troubling symptoms will help patients function better and can increase well-being and healing

We are very fortunate to have 3 seasoned and talented Therapist at Union General Hospital.

UNION GENERAL HOSPITAL INPATIENT OUTPATIENT PROGRAM IOP. Life can be more enjoyable. Call 318-368-4748 today for a free, confidential assessment.



In the picture left to right: Derek Reid, LCSW-Licensed Clinical Social Worker with a master's degree in Social Work, Jenequa Jones-Hicks, LMSW-IOP Director-Licensed Master Social Worker and Jimmy Melna, LMFT-Licensed Marriage and Family Therapist.



Healthcare professionals who completed the Louisiana Hospital Association's two-day infection prevention bootcamp!



Union General Hospital attendees: Peggy Millsap, Infection Control and Darra Jung, RN-Director of Nursing.

**Back to School
SUPPLY
Giveaway**

**FOR UNION GENERAL HOSPITAL EMPLOYEE'S CHILDREN
THAT YOU ARE LEGALLY RESPONSIBLE FOR**

**TURN IN YOUR SCHOOL SUPPLY LIST TO
ADMINISTRATION WITH YOUR NAME, CHILD'S NAME
AND GRADE NO LATER THAN FRIDAY, JULY 28TH**

901 James Avenue
Farmerville, LA 71241
(318) 368-9751
www.uniongen.org

For more information call ext. 7075 or 7099



RURAL HEALTH CLINIC
Deanna Neal RN-FNP
Granddaughter

Mallori Rose Blair was
Born 2/21/2023,
Weight: 7lbs 3oz
Size: 19 ½" long.



"Providing Quality Service With Compassionate Care"

UNION GENERAL RURAL HEALTH CLINIC
Hours:

Monday through Friday
7:30 AM - 6:00 PM
OPEN AT LUNCH

Our Services :

- ✓ Family Medicine - All Ages
 - ✓ Routine Health Screenings
 - ✓ Women's Health
 - ✓ Pre-Employment
 - ✓ Athletic Physicals
 - ✓ Medicaid Kidmed
 - ✓ Diabetes Foot Care
- Transportation Services Available to Qualified Patients

WALK-INS WELCOME
EVERYDAY



Make an Appointment
(318) 368-9745

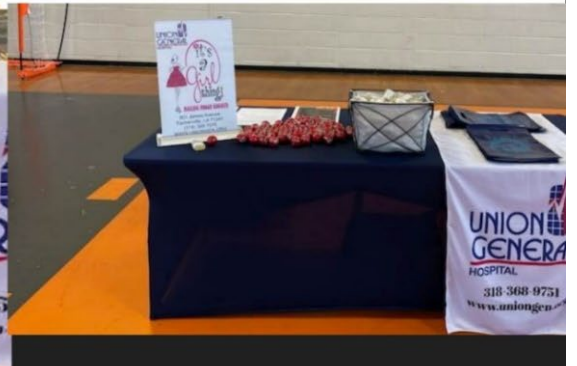
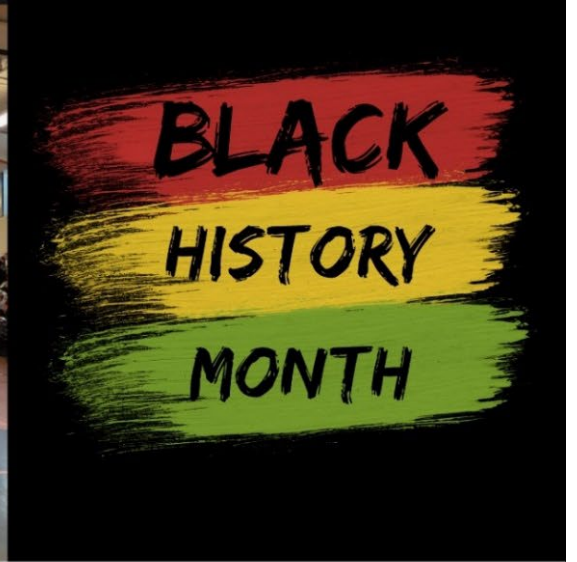


1025 Marion Hwy
Farmerville, LA 71241

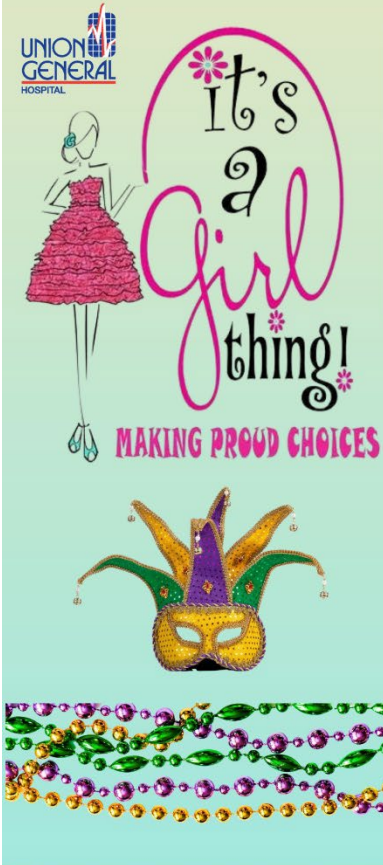


www.uniongen.org

COMMUNITY OUTREACH



Program at the
Union Parish
Elementary School





It's a Girl thing!

MAKING PROUD CHOICES

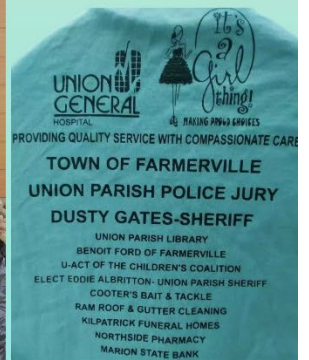


Union Parish Library

Your COMMUNITY Connection

Lighting the Way Since 1956
318-368-9226 phone 318-368-9224 fax
www.unionparishlibrary.com
unionparishlibrary@gmail.com

KEEP UNION BEAUTIFUL SPRING CLEAN UP



Heart Health

MAINTAINING A HEALTHY HEART



JANUARY MONTHLY MEETING



UNION GENERAL HOSPITAL

It's a Girl thing!

MAKING PROUD CHOICES

Union Parish Library
Your CommUNITY Connection
Lighting the Way Since 1956

FEBRUARY MONTHLY MEETING





It's
a
girl
thing!
MAKING PROUD CHOICES

MARCH MONTHLY MEETING



W YOUR THOUGHTS
THEY BECOME **WORDS**

A YOUR WORDS
THEY BECOME **ACTIONS**

T YOUR ACTIONS
THEY BECOME **HABITS**

C YOUR HABITS
THEY BECOME **CHARACTER**

H YOUR CHARACTER
IT BECOMES YOUR **DESTINY**



901 James Avenue
Farmerville, LA 71241
(318) 368-9751
www.uniongen.org



HELP DO **YOUR PART** TO KEEP
UNION PARISH SCHOOLS
A BULLY FREE ZONE

*Each day decide to live the life you
always wanted and say no to
everything that doesn't lead you to it.*



*it's
a
girl
thing!*

MAKING PROUD CHOICES

For information about our program call:

(318) 368-7075

Download enrollment packet:

www.uniongen.org/community/

FOOD BANK

NORTHEAST LOUISIANA

MEMBER OF
FEEDING
AMERICA

UNION
GENERAL
HOSPITAL





ACCEPTING NEW PATIENTS

RURAL HEALTH CLINIC KIDMED PROGRAM

- Child Wellness Exams
- Immunizations
- Developmental Screenings
- Nutrition Assessment
- Dental Assessment
- Vision & Hearing Exams
- Blood & Urine Checks
- Health Education

For Medicaid
eligible children
ages 0-21



1025 Marion Hwy Farmerville, LA 71241
(318) 368-9745 www.uniongen.org

SKILLED NURSING SHORT-TERM REHABILITATION PROGRAM



Providing Quality Service
with Compassionate Care



CONTACT INFO

Jessie McLelland, RN
Case Manager
318 368 6503

Tammi Anderson, LPN
Nursing Services
318 368 9751 ext. 7356

Darra Jung, RN, CCRN
Director of Nurses

KEY FEATURES

- 24-hour RN
- 24-hour physician staffed emergency room
- Physical, occupational, speech and respiratory therapist 5-7 days a week based on your needs
- Daily physician visit
- On-site lab and radiology
- Registered dietician

www.uniongen.org



Updated March 2023

@ uniongen.org/community/

COMMUNITY RESOURCE LISTING

For updates or to be included in the listing, email your information to
Claudia Wade cwade@uniongen.org





Celebrating Excellence with United Way of Northeast Louisiana! We left amazed by the generosity and care of our community. Over \$3 million dollars were raised during the 2022 campaign year to support vital programs throughout our region. Union General Hospital Attendees (left to right): Derek Reid-LCSW; Juandy Black-Medicaid/Business Office Clerk; Brittany Smith, RDN, LDN, MS-Registered Dietitian & Foodservice Director; Dr. Kate Hollenshead Cook, PharmD- Director of Pharmacy, PIC; Claudia Wade, Director of Community Development and Grant Management.



Our team raised \$12,175.86 for the United Way of Northeast Louisiana in 2022. For the last several years, we've had great participation from Union General Hospital employees as they prepare different fundraising activities every year and donate a portion of their paycheck each pay period, which is then matched by the hospital. We've maintained our commitment to making our community a better place to live and work, and we look forward to continuing that tradition in 2023! Left to right: Tiffany White, Resource Development Manager for United Way, Brittany Smith, Registered Dietitian, Foodservice Director, United Way Campaign Coordinator for Union General Hospital and Evalyn Ormond.



National Occupational Therapy Month

What is occupational Therapy?

Occupational Therapy is defined as a form of therapy for those recuperating from physical or mental illness that encourages rehabilitation through the performance of activities required in daily life.

In its simplest terms, occupational therapists and occupational therapy assistants help people across the lifespan participate in the things they want and need to do through the therapeutic use of everyday activities (occupations). Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing supports for older adults experiencing physical and cognitive changes. Occupational therapy services typically include:

- * An individualized evaluation, during which the client/family and occupational therapist determine the person's goals,
- * Customized intervention to improve the person's ability to perform daily activities and reach the goals, and
- * An outcomes evaluation to ensure that the goals are being met and/or make changes to the intervention plan.

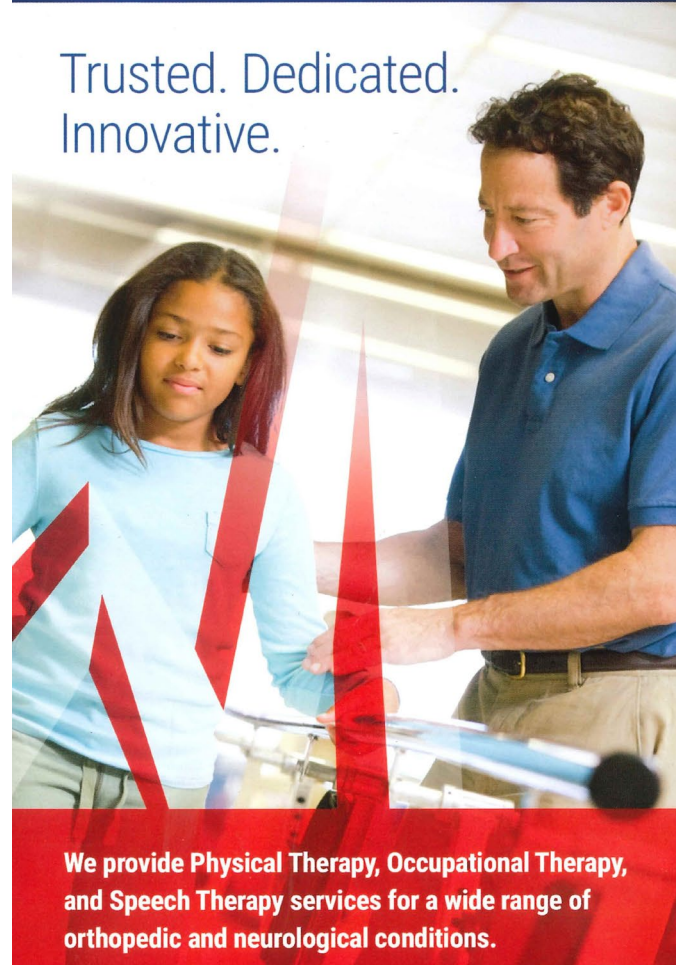
Occupational therapy services may include comprehensive evaluations of the client's home and other environments (e.g., workplace, school), recommendations for adaptive equipment and training in its use, and guidance and education for family members and caregivers. Occupational therapy practitioners have a holistic perspective, in which the focus is on adapting the environment to fit the person, and the person is an integral part of the therapy team.

Contact us today

901 James Avenue | Farmerville, LA 71241 | 318-368-7092



Trusted. Dedicated.
Innovative.



We provide Physical Therapy, Occupational Therapy, and Speech Therapy services for a wide range of orthopedic and neurological conditions.



Therapy Services for Pediatrics and Adults

Union General Hospital offers comprehensive therapy services to help both hospitalized patients and for those who are being treated on an outpatient basis. After a thorough assessment of the patient's condition, our experienced team creates a customized treatment plan that is designed to maximize the benefits of therapy and achieve specific goals.

Therapy Services include:

Physical Therapy, Occupational Therapy, Speech & Language Therapy, Dry Needling, Lymphedema Therapy, Post COVID Outpatient Therapy, and Early Intervention and School Readiness Program for Pre-K Through 3rd Grade Students

Contact us: 318-368-7092 | www.uniongen.org



901 James Avenue,
Farmerville, LA 71241

**UNION
GENERAL**
HOSPITAL



APRIL

NATIONAL

AUTISM

Awareness

MONTH



SUPPORT

EDUCATE

ADVOCATE

**901 JAMES AVENUE, FARMERVILLE
WWW.UNIONGEN.ORG
318-368-9751**



Lymphedema Therapy

Live at Your

PHYSICAL BEST

@ Union General Hospital
Outpatient Therapy Clinic

Treatment

- ✓ Compression Bandaging
- ✓ Manual Lymph Drainage
- ✓ Compression Garments
- ✓ Meticulous Skin Care and Hygiene
- ✓ Patient and Caregiver Education
- ✓ Remedial Exercises

Kendal Kimbell, MOT, LOTR, CLT

BOOK A SESSION NOW!

318.368.7092

*When your first appointment is booked,
you've taken the first step to improve
your quality of life.*

Your dedicated therapist will get to know your story during your very first visit, ensuring we understand your medical history, and the goals you're setting for your future.



901 James Avenue,
Farmerville, LA 71241



www.uniongen.org



**THE TEAM
BEHIND THE RESULTS
24 HRS SERVICE**

901 JAMES AVENUE
FARMERVILLE, LA

**NATIONAL
LABORATORY
WEEK**

318-368-7080

APRIL 23rd-29th, 2023

WWW.UNIONGEN.ORG

April is
ALCOHOL
AWARENESS MONTH





We observe National Sexually Transmitted Infections (STIs) Education and Awareness Month every April. The purpose is to reduce the stigma associated with STIs and raise awareness to help mitigate the increase in [STI rates](#) in the U.S. According to the Centers for Disease Control and Prevention (CDC), there were almost two million cases of syphilis, gonorrhea, and chlamydia reported in the U.S. between 2013 and 2017. During this month, health organizations and relevant authorities join forces to educate the public about sexually transmitted infections (STIs) and the procedures that may be taken to prevent or contain infections to fast reduce the alarmingly high infection rate.

HISTORY OF NATIONAL SEXUALLY TRANSMITTED INFECTIONS (STIS) EDUCATION AND AWARENESS MONTH

It was during the Italian War of 1494 — 1498 that a sickness, now known as ‘syphilis,’ spread among French troops. Over five million people died as a result of the first known lethal sickness. It wasn’t until the sixteenth century that the term “Gonorrhea” was coined, and its origins can be traced back to a prostitute-infested area of Paris called “Le Clapiers.”

The first volunteer hospital for venereal illnesses was established in 1746 at the London Lock Hospital, but no serious pharmacological therapies for STDs existed until then. The ‘Brussels Agreement’ was signed in 1924 by several countries, which pledged to provide free or low-cost medical care at ports for merchant seamen with venereal diseases.

‘Salvarsan,’ a medication for syphilis, was the first effective treatment for sexually transmitted diseases. In the 1960s and 1970s, public health campaigns against STIs and the discovery of antibiotics led to a popular view that STIs were no longer a concern to public

health, and this was largely due to the widespread availability of antibiotics. Around 1969, HIV/Aids made its way to the U.S. Sexually transmitted diseases that could not be healed by modern medicine first came to public attention in the 1980s with the appearance of genital herpes and then Aids. When it became clear that Aids was on the verge of becoming a global epidemic, public awareness efforts were launched, and medicines were developed to keep HIV replication at bay for as long as possible.

Contact tracing was also acknowledged as an important part of the treatment of STIs. Health organizations and STI clinics were able to effectively control infections in the general population by tracking the sexual partners of affected individuals, testing them for infection, treating the infected, and monitoring their contacts.

NATIONAL SEXUALLY TRANSMITTED INFECTIONS (STIS) EDUCATION AND AWARENESS MONTH TIMELINE

1494

The First Syphilis Outbreak

An infectious disease breaks out among French troops during the Italian War.

1746

The First Venereal Disease Hospital

The London Lock Hospital begins to treat victims of these infectious diseases.

1960s

The Effective Treatment for STIs

Effective treatment for syphilis is successfully developed.

1980s

The Advent of Herpes and Aids

Aids begins to spread across Europe.



MENTAL HEALTH

awareness

UNION GENERAL INTENSIVE OUPATIENT PROGRAM
AVAILABLE TO ELIGIBLE MEDICARE PATIENTS

318-368-4748
WWW.UNIONGEN.ORG

MAY



STROKE 

AWARENESS

MONTH

**24-HOUR PHYSICIAN STAFFED
EMERGENCY ROOM**

**TELEHEALTH IN PARTNERSHIP WITH
OCHSNER/LSU SHREVEPORT
TELECARDIOLOGY
TELEPSYCHIATRY**

901 JAMES AVENUE * FARMERVILLE, LA * 318-368-9751

WWW.UNIONGEN.ORG

Be Stroke Aware

Each year, stroke kills twice as many women as breast cancer. Yet, only 1 in 4 women can name more than two of the six primary stroke symptoms, according to the National Stroke Association. Taking time to learn the signs of stroke might save someone's life, maybe even your own.

6 Primary Stroke Symptoms:

1. Sudden numbness or weakness of face, arm or leg, especially on one side of the body
2. Sudden confusion or trouble understanding
3. Sudden trouble speaking
4. Sudden trouble seeing in one or both eyes
5. Sudden trouble walking, dizziness, loss of balance or coordination
6. Sudden severe headache with no known cause



Stroke Symptoms Unique to Women:

-
- A red silhouette of a woman standing. Various stroke symptoms unique to women are listed on her body in white text. On her left arm: 'Sudden face and limb pain'. On her chest: 'Sudden chest pain'. On her right side: 'Sudden shortness of breath', 'Sudden heart palpitations', 'Sudden nausea', 'Sudden general weakness'. On her head: 'Sudden hiccups'.
- Sudden face and limb pain
 - Sudden chest pain
 - Sudden shortness of breath
 - Sudden heart palpitations
 - Sudden nausea
 - Sudden general weakness
 - Sudden hiccups

80%

PORTION OF STROKES THAT ARE PREVENTABLE

Ways to Prevent a Stroke:

- ✓ Maintain a healthy weight.
- ✓ Control your blood pressure.
- ✓ Don't smoke.
- ✓ Get tested for diabetes.
- ✓ Have your cholesterol and triglyceride levels checked.
- ✓ Find healthy ways to cope with stress.
- ✓ Drink no more than one alcoholic beverage per day.

425,000

NUMBER OF WOMEN WHO SUFFER A STROKE EACH YEAR

Source: U.S. Department of Health & Human Services Office on Women's Health; National Stroke Association



**UNION
GENERAL**
HOSPITAL



Brittany Smith, RD, LDN, MS

**EAT WELL
BE WELL**

MEDICAL NUTRITION THERAPY

- Are you Diabetic?
- Do you have high blood sugar?
- Do you want to improve your health?
- Do you need a refresher on how to count carbohydrates?

Our outpatient program offers one-on-one education sessions for anyone with diabetes who meets certain blood sugar requirements. Each patient is allowed up to three 1-hour visits with the dietitian for the first year. The sessions are individualized and can be scheduled at your convenience. Most insurance companies cover the entire cost of this service. Don't delay, ask your provider about getting an appointment at Union General Hospital for Medical Nutrition Therapy.

CALL TODAY: (318) 368-9751

901 James Ave., Farmerville, LA

Personalized strategies
FOR HEALTHY LIVING
www.uniongen.org



May



High Blood Pressure Awareness



Did you know?



1 in 3 women with high blood pressure doesn't know she has it.

High blood pressure is the biggest risk factor for a stroke. A woman can have a stroke at any age.

Heart disease is the leading cause of death among American Indians and Alaska Natives.

Each year, stroke kills twice as many women as breast cancer. Up to 80% of strokes can be prevented.

General Tips

Lose extra pounds and watch your waistline. Blood pressure often increases as weight increases.

Learn to manage stress and get check-ups regularly. Talk to your doctor if your blood pressure is high and take the prescribed medications.



Nutrition Tips

Incorporate garlic, herbs, and other spices

Don't add salt

Avoid alcohol and smoking

WIC is an equal opportunity employer and provider.

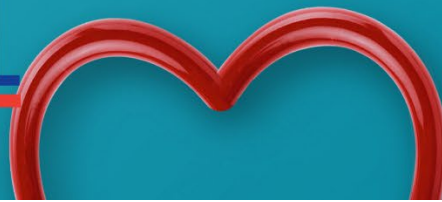


@ITCAWIC



HAPPY NURSES WEEK! MAY 6-12, 2023

WE APPRECIATE THE WORK YOU DO!



www.uniongen.org

NATIONAL HOSPITAL WEEK

MAY 7-13, 2023



Take charge of your health!

See a doctor for regular checkups even if you feel healthy. This is important because some diseases and health conditions don't have symptoms at first. Plus, seeing a doctor will give you a chance to learn about your health.

Eat healthy and get active.

If you drink alcohol, drink only in moderation.

Quit smoking.

Know your family's health history.

Get screening tests to check for health problems before you have symptoms.

Make sure you're up to date on your shots.



June is Men's
Health  month

Union General Rural Health Clinic
(318) 368-9745

IT'S OK TO TELL!

If someone hurts you:



Say
NO like you mean it

Don't ever keep a secret that upsets you!

GO
to a safe place

TELL
a trusted adult





April

ALFORD, SHANA	04/02
BRANCH, CYNTHIA	04/15
DAVIDSON, DIANNE	04/27
ELLIS, SABRINA	04/15
GINN, CONNIE	04/21
JOHNSON, BARBIE	04/09
ROBINSON, REAGAN	04/14
SANDOVAL, TERESA	04/08
STANLEY, DRANNON	04/23
THOMPSON, JOSIE	04/09
WHIDDON, AMANDA	04/25

May

CHANDLER, GINGER	05/16
COLE, TAMA	05/21
CUMMINGS, ALISTINE	05/31
DENDY, TINA	05/21
GRIGSBY, SHEREKA	05/01
HARRIS, HANNAH	05/03
LOYD, JODY	05/09
ROBINSON, LATERRION	05/23
SHELTON, TANISHA	05/20
WADE, KAITLIN	05/10

June

ALBRITTON, BRENT	06/24
BARLEY, GINGER	06/12
BREWSTER, KOMOCKA	06/22
CARNES, SANDRA	06/20
HAMMACK, KEITH	06/24
HOLMAN, SUSAN	06/25
KIMMERLING, KOURTNEY	06/21
LEBLANC, NICOLE	06/02
LUMSEY, CANDICE	06/17
NUTT, CALLIE	06/07
PEARSON, MELANIE	06/26
TURPIN, LISA	06/22
WILSON, ALLISON	06/16



COMPLIANCE



**QUESTIONS AND/OR CONCERNS CONTACT
PRIVACY OFFICER
TAYLOR SMITH
COMPLIANCE
OFFICER 318-368-7077**

tbsmith@uniongen.org

— advice for —

STAYING HIPAA COMPLIANT

when using social media

What can healthcare providers do to help ensure HIPAA privacy and security rules are adhered to when posting online?

Here are five tips to avoid disclosing PHI when using social media.

- **NEVER POST ABOUT PATIENTS**
It's extremely difficult to anonymize patients - even the subtlest identifier could land you and your practice in a lot of trouble.
- **DON'T TRUST MESSAGING SERVICES**
Privacy of messages relies on the recipient keeping the information to themselves and not leaving themselves logged into public or office computers. Best to avoid private messaging altogether.
- **EDUCATE YOURSELF AND OTHERS**
Staff should always be trained and kept up to date with HIPAA compliance best practices and company social media policies.
- **DON'T MIX WORK AND PERSONAL LIFE**
Healthcare professionals should keep their personal and professional lives separate. Interacting with a patient online could result in PHI inadvertently being exchanged in the public domain.
- **WHEN IN DOUBT, DON'T POST**
People can make mistakes in the heat of the moment. Always take a minute, read the post back to yourself, and consider the potential consequences before hitting the 'post' button



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7 Powerful Prayers for Hospital Visits

Deuteronomy 7:15, Luke 8:44

Dear Lord, I pray for Your divine healing power to be here in this hospital. It is You who can and will take away all sickness from Your people, so I pray that this be done in Jesus' name. I pray that just as the woman with the issue of blood believed in Your healing powers, I pray that as her issue of blood stanching, I pray that we too can be made whole, in Jesus' name we pray Amen.

Psalms 119:64

Father, I choose to serve You with my whole heart, mind and soul. Your Word says that You will bless those who choose to serve You. Lord, as we look to You in all things, we pray for every person during this hospital visit. We pray that even in times of sickness, You will be their God. So, Father just as your love covers the earth, we pray that Your healing power will cover each ward in this hospital. This is the prayer of our hearts. Amen.

Psalms 34:19, Genesis 1:27

Heavenly Father, we give You thanks today, because You created me to be in Your image. Therefore, because I am in Your image, I know that You will deliver. So, during this hospital visit, we pray for emotional, mental and physical healing, in Jesus' name. Lord, we stand on Your Word that reminds us that many are the afflictions of Your chosen people, but You deliver us out of them all! You are the Great Physician. We believe and receive Your healing power Jehovah-Rapha. Amen.

Jeremiah 30:17

Righteous God, my soul sings praises to You because of who You are and how great You are! You are the restorer of all good things! Therefore, I know that You can restore health to those in this hospital and that You can heal their wounds. So, Lord we stand on Your Word and promises right now. We thank You in advance for Your divine healing and favor. Amen.

Matthew 14:14

Our Father, what an awesome God You are. Father, I thank You for Your Word that reminds us that Jesus had compassion on people and He healed their sick. So, Lord during this hospital visit, we declare Your Word. We pray asking for Your compassion over all patients and staff during this visit. I know that You see the illness of those in this hospital, but there is no doubt You Lord can heal them because You love them. Amen.

Luke 9:1

Dear Lord, we stand here today in the authority that You gave to Your people thousands of years ago. You gave Your followers the power authority over all devils and to cure diseases! Lord, if it is according to Your will, we declare healing power in this hospital in the name of Father, Son and Holy Spirit. Let the illnesses that reside here flee right now and let all pain be nullified. Amen.

Hebrews 4:16

Father, we come boldly before Your throne of grace right now. Lord, we receive Your mercy and grace in this time of need. Father, You see the current situation and You see the deterioration of health, but Lord I pray that You will restore health, in Jesus' name. During this hospital visit, I pray that You will meet every need, and that You will also give staff the strength to cope with such challenges. This we pray, Amen.



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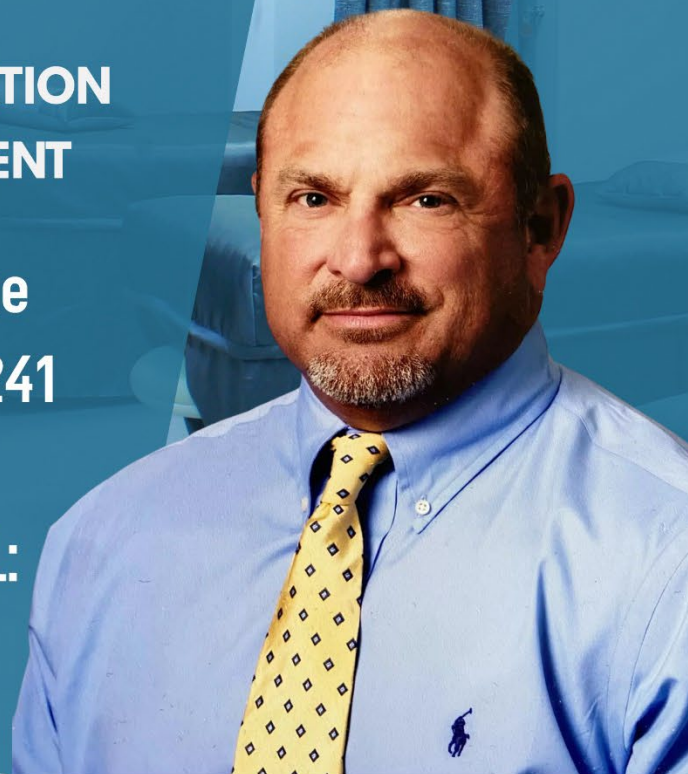
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**Clarence Butch Dunn Jr., M.D.
Gastroenterology**



Italian Easter Pie

For the dough

3 cups all-purpose flour
2 tablespoons of extra virgin olive oil
Salt
Water as needed

For the filling

4 cups of chard
2 cups of ricotta cheese
9 eggs
5 tablespoons of grated Parmesan cheese
4 tablespoons of grated Pecorino cheese
Salt
Black Pepper

1. Mix flour, oil, water and salt to get a mix without lumps. Make 4 small ball of the same size and of the same weight and put them to rest covered with a cotton cloth for an hour;
2. Prepare the filling by cooking the washed and coarsely chopped chard in a non-stick pan without water and over low heat so that it does not lose its flavour;
3. Once it is ready, eliminate the cooking water that forms automatically and chop it. Quickly sauté in a pan with a little oil;
4. Mix the chard with 2 eggs, 2 tablespoons of grated Parmesan, 2 tablespoons of grated Pecorino cheese, salt and pepper;
5. In another bowl, add 3 eggs to the ricotta, nutmeg to taste, 3 tablespoons of Parmesan cheese and 2 tablespoons of Pecorino cheese, mixing well so that the mixture blends well and then add salt and pepper as needed. Combine the two mixes;
6. Take the dough rolls, roll them out on a floured surface with a rolling pin, then place two, one on top of the other, on the bottom of the oiled pan. Make them adhere well so that no bubbles are formed;
7. Pour the mixture over the pastry, levelling it well so that the surface remains smooth;
8. Lay a layer of remaining dough on the surface of the cake making it adhere well then with the knuckles of the hand make 4 holes (without pushing too much) and open the 4 eggs left inside these holes;
9. Close the cake with the last layer of pastry, remove the excess dough and spread with extra virgin olive oil. Bake in a hot oven at 180° C for about 50 minutes.



<https://thefoodellers.com/en/italian-easter-pie>



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- Breast Cancer Prevention, Colorectal Cancer Prevention, Heart Disease and Diabetes Prevention, Nutrition Education Program in Partnership with LSUAg.



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